

WA PREP Services

Support for Comprehensive Sexual Health Education (CSHE)

What is WA PREP?

WA PREP is a sexual health education program administered by the Washington Department of Health (DOH), in partnership with the Office of Superintendent of Public Instruction (OSPI) and Cardea. Through professional learning and capacity development, WA PREP supports youth-serving organizations with comprehensive sexual health education (CSHE) planning and implementation, training and coaching, engaging parents and community members, and a variety of other supports.



All of our services are provided at no cost for WA PREP partners, and we can offer stipends to support your CSHE implementation.

Implementation Support

WA PREP offers customized capacity development and professional learning services to support school districts and youth-serving organizations in selecting, implementing, and sustaining comprehensive sexual health education programming.

Partners choose from services that help organization leaders build buy-in and establish conditions and best practices for CSHE.

Curriculum Adoption Task Force

Expert facilitators lead a structured, engaging process customized to meet your needs, including an overview of CSHE legislative requirements and policies, guidance for curriculum and lesson selection, and more.

Presentations to Key Stakeholders

We present to school boards, instructional materials committees, and administrations regarding CSHE legislative requirements and policies, curriculum adoption task force processes, and an overview of the selected curriculum.

Evaluation Report

Our evaluation team provides a report summarizing the impact of CSHE in the district. It can be used to communicate the importance of CSHE to administrators, educators, parents/caregivers, and community members, as desired.

Support for Educators and Families

Educator Support

Skills and tools to help teachers and facilitators teach CSHE and related topics with comfort and confidence.

Training Catalog

Trainings equip educators with core skills to create safe, supportive learning environments and effectively implement CSHE in the classroom. Specialized trainings in a variety of content areas are also available.

Implementation Support

Customized support and problem solving for facilitators' unique CSHE implementation needs through individualized coaching and site visits, including modeling lessons, observation, and feedback.

eLearning Catalog

Self-paced courses provide foundational knowledge, practical strategies, and ready-to-use tools for high-quality CSHE instruction. Specialized eLearning modules cover a variety of CSHE topics and content areas.

Partner Participation

School districts and youth-serving organizations that partner with WA PREP are required to complete evaluation forms: entry/exit surveys for participating students, attendance monitoring, and a staff perceptions survey.

Parent/Caregiver Support

Knowledge, skills, and resources for parents, caregivers, and trusted adults to communicate with their young people about sexual health.

CSHE Informational Presentation

A customized recording for parents/caregivers in the school community about CSHE legislative requirements and policies, the selected curriculum, and the district implementation plan.

"How to Talk With Young People About Sexual Health"

A recorded presentation to build parents/caregivers' comfort discussing sexual health with young people in their life.

"The Talk" eLearning Modules

eLearning micro-modules to guide age-appropriate conversations between caregivers and youth about CSHE topics.

Resources

Reliable books and websites about CSHE topics, plus age-appropriate talking points to guide parents' and caregivers' conversations with young people.



Explore Training and Connect With Us

[WA PREP online training catalog](#)

[Cardea eLearning catalog](#)

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